



JUNE NEWSLETTER

HELLO HOT MOMMAS!

HOT it is... and we are not just talking about the weather! Time for another dose of XPOSURE... sexy secrets, upcoming events, and more...

MONTH IN REVIEW...

If you missed May at Xpose – you missed a lot!

Summer Patton, an instructor here at Xpose whom many of you have come to know and love, is now a published author!! Her amazingly written article “The Naked Truth” appeared in the Baltimore City Paper the second week of May. Follow this link and check it out:

<http://www.citypaper.com/news/story.asp?id=9925>

The May event was a smashing success! Thanks for all who participated – I think some of you had a little TOO much fun! The swimsuit fashion show was as hot as ever thanks to Water Water Everywhere. Check them out in Towsontowne center mall – they have all of this year’s hottest styles and they are great at finding a suit that will flatter the worst problem areas. Sixteen different prizes were raffled off including one of our stage poles. Congratulations to Susan White who carted home her very own pole!

May also marked the Grand Opening of our new Pole Studio – the SEXIEST room in town! Remember, we are now able to offer Pole class and Floor/Chair class at the same time in their separate studios. We also now have 2 different levels of Pole classes. So all of you too intimidated to start pole class now have no excuse!

TEAM XPOSE...

Be a part of the coolest team in town...Team XPOSE! This is the only team that gets discounted clothing and a free class!

This month our outing is taking us downtown to Rash Field, Sunday June 26th for the Baltimore Women’s Classic 5K Run/Walk to benefit the Barnett – Searing National Cancer Foundation. Our very own Takara Collins will be conducting the warm-up for all of the women participating. Each woman who wishes to participate will receive a 30% discount on any 2 articles of clothing in our store to wear to the event and also a gift certificate for one free class. We will also be offering one free class for every \$100.00 raised for Cancer Foundation. Please call (410.661.1301) email (anita@xposefitness.com) or stop by to sign up and get your sponsorship form!

LIGHTS...CAMERA...ACTION...

Baltimore's very own "Sarah in the City" was here to film a segment for WMAR Channel 2 News that aired Wednesday, May 25th. Our sexy secret is getting out ladies...While you are spreading the word about your super frisky workout, remember you can rack up free classes for all of your referrals. Tell your friends to mention your name when they come in, or grab some of our referral cards. We will keep track of them for you.

SUGGESTION OF THE MONTH

Our suggestion box has been packed with so many great ideas!

This month's \$10.00 Gift Certificate goes to.... Zara Eden! Zara's suggestion was for a list of sexy songs so you can practice your moves to at home. We have decided to include this list on our news letter each month. See below for this month's selections! Congrats Zara and keep those suggestions coming!

LET US KNOW WHAT YOU THINK

Xpose is currently in the process of adding a "Testimonial" page to our website. We have received so many wonderful comments about our classes, if you would like to have it posted on our site please e-mail it to anita@xposefitness.com.

SEXY SECRET OF THE MONTH

We have all heard about the wonderful benefits that drinking Green Tea has on the inside of your body. But this is Xpose, and you know that we never use a product for its intended purpose! So, how about Green Tea on the outside of your body?

Grocery store time! Run out and get some Green Tea – and it must be caffeinated. Heat up those tea bags good and HOT! Now lie back, get a good magazine because you are going to be parked for about 20 minutes. Place the teabags on your breasts (or as Takara likes to call them "Your Beginnings"). The caffeine with the Green Tea will give them a boost like you have never seen before! Follow up with a firming moisturizer (Suave makes a great one – cheap too) to add smoothness and extra lift. Celebrities are paying a ton of money for these treatments at Day Spas across the country but Xpose always gives you the sexiest secrets for free!

CLASS TIMES

Please know that we make our class schedules according to the attendance and demands of our clients. If there are any times that you would like to see on our schedule please feel free to drop your suggestions into our suggestion box located in the changing room.

SALE!!!

We have 2 of our stage poles left for sale and the price has been reduced from \$345 to \$315 (these poles retail \$550.00 with tax and shipping). They are the

platinum stage freestanding pole with a tile top. Please make sure that your ceiling is at least 8 feet tall. The stage does break down for transport so any SUV or mini-van will do. Please e-mail inquiries to anita@xposefitness.com.

SONG SELECTIONS

Each month we are now going to have our Xpose Instructors each pick a sexy favorite song. Here they are....

Jennifer "Hey Sexy Lady" by Shaggy

Summer "Doin' It" by LL Cool J

Allison "Lapdance" by N.E.R.D

Takara "One Thing" by Amerie

Christina "Feelin' Love" by Paula Cole

UNTIL NEXT TIME...

Walk tall, walk strong, but most importantly...

WALK LIKE A WOMAN!

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