



MAY NEWSLETTER

HELLO SEXY LADIES!

Spring has sprung, the flowers are in bloom and so are the divas at Xpose! Here is our latest hot gossip, new news, sexy secrets and upcoming events...

MONTH IN REVIEW...

What a month! The demand for our classes continues to grow and so is our facility. We have started the long awaited construction on our new POLE STUDIO! Picture this... Eleven 10 foot brass poles in their own private studio with mirrors, black floors and deep red walls... Turn on the disco ball and you can't help but get your sexy on! The pole studio will celebrate its grand opening at the May Event (see below). We will then be able to offer Pole class and Floor/Chair class at the same time in their separate studios as well as offering 2 different levels of Pole classes. So all of you too intimidated to start pole class now have no excuse – jump in and take a swing in our Level 1 Pole class. If you are already a pole swingin' mama – perfect your skills and learn more elaborate pole tricks in our Level 2 Pole class.

Our April "Outing" was a great time. Those of you who signed up enjoyed the swanky VIP section of the Senator Theater where we had cocktails, pizza and a special viewing of "Sin City". Thanks for a great time!

Also last month, we were featured in Smart Woman magazine! Apparently we have our very own Carrie Bradshaw attending our classes here at Xpose. The Itty Bitty City Girl wrote her column about the sexy new workout she is doing here at Xpose... check it out!

THE MAY OUTING

Well, its not exactly an outing... lets call it an "inning" since it is held here at Xpose. We are holding our GET READY FOR SWIMSUIT SEASON EXTRAVAGANZA and you don't want to miss this! Saturday May 14th at 7:00 pm join us for a fashion show of this season's hottest swimsuits sponsored by Water Water Everywhere to benefit the Susan G. Koman Breast Cancer Foundation. We will be raffling off some great prizes – gift certificates, clothing, shoes, a pair of the new Xpose pole boots, and someone will even walk away with their very own STAGE POLE for their house! We will have Jennifer Chavis here to discuss the myths of dieting, its pitfalls and the proper way to do it. There will be a specialist in acupuncture to discuss the emotional side of eating. Cost is \$10.00 per person in advance or \$15.00 at the door and includes cocktails and snacks and your donation to the Breast Cancer Foundation. The end of the

show marks an extra sexy secret! That's when we are going to turn up the stereo, turn down the lights and cut the ribbon to our new POLE STUDIO. Help us break in our new poles! ****RAFFLES****POLEDANCING****COCKTAILS****
What more could you ask for in a night out?

SUGGESTION OF THE MONTH

You have all offered so many great suggestions...

This month's \$10.00 Gift Certificate goes to Christina Kennedy. Christina has been swinging on our poles since day one and has made the suggestion to sell pole boots. Now we can grip the pole with our calves taking some of the stress off of our upper body and making many pole moves easier. The new pole boots will go on sale for the first time ever the night of our fashion show. The night of May 14th the new pole boots will be 10% off and Xpose will donate an additional 10% to the Breast Cancer Foundation from every pair of boots sold.

We need to congratulate Christina on her excellent idea as well as her new instructor status! Yes, we have 2 new instructors to accommodate our newly added classes. THE NEW SCHEDULE WILL BE ON-LINE BY MAY 5th AND WILL GO INTO EFFECT MONDAY< MAY 16th. So, welcome Christina and Allison and check out their classes!

Keep those suggestions coming ladies... we love to hear them!

SEXY SECRET OF THE MONTH

OK Ladies... we have all been in this situation...

You are running late, you look in the mirror and your hair is lifeless with a touch of the (eeeww) greecies! You don't have time to wash it. What to do? What to do?

Two words... Baby Powder.

Part your hair. Sprinkle a little baby powder in the palm of one hand and with the fingertips of the other hand, dab a little powder on the part and rub in. Repeat by parting your hair every two inches, dabbing and rubbing – don't forget to dab a little around your hairline and behind the ears. Remember, I said "A LITTLE", we don't want to look like George Washington now. Top it off with a hit from your blow-dryer on the cool setting - give it a shake and PRESTO! The powder will suck up any excess oils as well as giving your hair body and lift at your roots!

SPECIAL NOTE

I would like to extend special thanks, again, to you - our clients. Your ever growing excitement & support is infectious! We love serving you and will continue to do so in the sexy manner to which you have grown accustomed to!

UNTIL NEXT TIME...

Walk tall, walk strong, but most importantly...
WALK LIKE A WOMAN!

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