



OCTOBER NEWSLETTER

HEY SEXY LADIES!

This October give yourself a **TREAT** by learning a new **TRICK** at Xpose!

GOODBYE SUMMER...

Not only is summer winding down, but we have had to say a tearful goodbye to one of our instructors, Summer Patton. This month, Summer moved to California to gain new experiences and see new sights. She has been with Xpose since our Grand Opening. The Xpose Fitness employees wish her the best of luck in all of her new endeavors.

MONTH IN REVIEW...

Thanks to all the ladies who participated in our DVD Testimonial taping. Your warmth and kind comments mean so much to us. It is amazing to hear that we at Xpose have touched your hearts as much as you have touched ours. Thanks again to all those who participated. If you want your testimonial to be posted and couldn't make it to the taping, please send them to Jessica at jessica@xposefitness.com. We would love to add them to our website!

Our new wristbands are in! Finally! Sorry for the delay on this one...
Check the front desk area for the sexy black wrist bands to help with pole class!

SEXY SECRET OF THE MONTH...

Do you worry that your cleavage doesn't do your body justice? We have the sexy secret that will make your breasts look great in your sexy Halloween costume...

It's easy to use make-up to create the illusion of bigger bosoms with a plunging neckline, but do it subtly. Create the illusion by simply applying and blending a little dark colored bronzer to the area between your breasts where the cleavage is supposed to be. Blending is key! You don't want to make your breasts look dirty. If you don't have any bronzer handy, try applying a little white powder on the top halves of your breasts first, then apply a dark eye shadow color between them.... blend well.

Think about flattering necklines when choosing a costume. You want to make the most of what you've got. Contour seaming, halter top necks and cross-your-heart necklines will all give you that extra boost!

SUGGESTION OF THE MONTH...

Our suggestion box has had some great new suggestions for this month...

This month our \$10.00 gift certificate goes to Erica Drake. Erica suggested a costume contest for Halloween... but we decided to take it one step further... See below at the "October Event" for details.

Thanks Erica! Keep those suggestions coming – we love to hear them!

OCTOBER EVENT...

What would Halloween be without sexy costumes?

Xpose is hosting a **SUPER SEXY COSTUME PARTY!** This event is **FREE**, but there is a catch... you **MUST** come in costume and it **MUST** be sexy! If you do not come in costume the cost is \$10.00.

****PRIZES** will be given out for first, second and third place "Best Sexy Costume".
****Takara Collins** will be performing a highly demanded super sultry dance number.
****BYOB****Bring Your Own Beverage**Light snacks will be served.

Date: Saturday, October 29th

Time: 8:30 – 10:30 PM at Xpose

We will then be caravanning to Kaos less than 1 mile from here to check out some new moves. Join us if you would like!

Please RSVP to 410.661.1301 as space is limited.

ARUNDEL MILLS UPDATE...

The summer is almost officially over, but the construction is just gearing up for our Arundel Mills location. So far, construction is on schedule, we hope to open by Thanksgiving.

We are still interviewing Instructors for the Arundel Mills location, so if you think you have what it takes to bring the sexy out of women or you know someone else who does, pick up an application at the front desk or send us an e-mail to anita@xposefitness.com.

PRIVATE PARTIES...

Need a sexy new idea for a meeting, night out, or bachelorette party? Book an Xpose Party. The party starts with half an hour of social time and then you get an hour of fun, games and sexy moves to entertain you and your friends. Request your favorite instructor who will personalize the evening to make sure

Costs vary based on the number of participants. Pick up a brochure or call 410.661.1301 for more details!

CLASS TIMES...

Please know that we make our class schedules according to the attendance and demands of our clients. If there are any times that you would like to see on our schedule please feel free to drop your suggestions into our suggestion box located in the changing room.

Remember... the pole room is limited to 10 Diva's a class, so be sure to call in advance to reserve one! Reservations are only taken up to 24 hours in advance. If you can't make it please call to cancel your reservation so another Diva can get her sexy on!

****REMINDER...** the September schedule is out and on-line. There are no 8 pm classes in October and the new "Beginner Pole" Class has been incorporated into the schedule**

SEXY SONGS...

Each month the Ultra Sexy Xpose Instructors each pick a favorite song that they like to get their sexy on to... Enjoy...

Jennifer	"Idioteque" by Radiohead
Allison	"Sexy" by the Black Eyed Peas
Takara	"Play" by David Banner
Christina	"Gold Digger" by Kanye West
Kat	"Justify my Love" by Madonna
Michelle	"Unbelievable" by EMF
Marie	"Lose Control" by Missy Elliott
Courtenay	"Luxurious" by Gwen Stefani

UNTIL NEXT TIME...

Walk tall, walk strong, but most importantly...

WALK LIKE A WOMAN!

Xpose Fitness...1700 Joan Ave...Baltimore, MD 21234... www.xposefitness.com... 410.661.1301

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