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AUGUST NEWSLETTER...

A MID-SUMMER'S NIGHT DREAM GIRL...

As summer begins to wind down, the Diva's of Xpose are learning dreamy new moves that are sure to be a crowd pleaser. Yes ladies... it is time for another dose of all things sexy... secrets, news and full XPOSURE!

FREAK-A-LICIOUS FRIDAY...

Xpose Fitness is hosting its first ever FREAK-A-LICIOUS FRIDAY!

Freak-a-licious Friday is an event that will encourage all of our Diva's to let go of ALL inhibitions and get freaky! Join Takara at the Arundel Mills location for a super sexy and super naughty class. We are giving Takara free range during class to be completely wild... so come prepared to "WORK IT"! The class will do both Floor/Chair and Pole exercises.

Where: Arundel Mills Location

When: August 25th, 8:30pm

Cost: \$15.00 per person which will include wine, soda and snacks!

You are invited to come in regular workout clothes... just make sure that you can move and feel comfortable . . . you never know what Takara will throw out there! The event will start at 8:30 with a half hour of social time so we can all get to know each other before we indulge in a full hour of Takara's freakiest dancing to finish out the evening.

There are a limited number of spaces. We will only take the first **38** Diva's who sign up! To reserve your spot, stop at the front desk of any location. The cost is \$15, and is due at the time of booking.

Do you have suggestions for outings, charitable events, or monthly functions? Please send all of your great ideas to michelle@xposefitness.com !

Don't forget to get excited for our evening of Latin Dance in September!

SUGGESTION OF THE MONTH...

This month's suggestion was difficult to pick, we have had so many amazing contributions from our members. But the suggestion of the month came from Clare Gersh! Clare suggested that we continue the monthly packages. She loved them so much, she left multiple suggestions to maintain that service!

So, you win Clare. The monthly 30-Day Unlimited passes will be extended through the fall.
\$59.00 for 30 Days unlimited daytime classes M-F any class before 4pm
\$79.00 for 30 Days Unlimited ANYTIME classes!

Now our Diva's will have lots of options to choose from when deciding the type of class card that is right for them!

NEW LOCATIONS... UPDATES & JOB OPPORTUNITIES...

The construction on all three of our new locations is now underway!!!

Do you think you have what it takes to be a member of the XPOSE Team??

Wanted: High energy, people persons for various positions at the following locations:

Fredericksburg, VA is anticipating a mid-September opening!

For job opportunities please e-mail: jenny@xposefitness.com

Owings Mills, Maryland is anticipating an early October opening!

For job opportunities please e-mail: jodi@xposefitness.com

Bel Air, Maryland is anticipating an October opening!

For job opportunities please e-mail: katie@xposefitness.com

We will keep you posted with the most current information and Grand Opening dates on our website!

For information on franchising opportunities, visit us online at www.xposefitness.com and click on the "Business Opportunities" page!

THE OFFICIAL XPOSE FITNESS OCEAN CITY CONDO...

The summer weeks for the Xpose Fitness condo are **BOOKED!** Did you miss your chance to stay at the sexiest condo in Ocean City? Have no fear! The pole dancing condo will be available for rent during the off-season for as low as \$79 per night. The condo is Ocean Side on 36th street with a 3rd floor Ocean-Side view of the beach! The condo comes complete with a pole, disco ball and sexy music! This one bedroom condo can sleep up to 6 people and the pole is removable in case you want to bring the kids! For details, availability and off season pricing please e-mail our reservations department at xpose@xposefitness.com.

FIVE DOLLAR FRIDAYS . . .

It continues! ALL DAY, ALL CLASSES ONLY **\$5.00** on FRIDAYS . . .

Management has received lots of suggestions to continue the \$5 Friday special. We love to here all of your suggestions, so keep them coming ladies...

SEXY SECRET OF THE MONTH...

Using a ton of products can leave your hair looking limp and dirty . . . but to look super sassy we need our favorite hair products! What to do? What to do?
Not to worry, we have a super sexy solution that is cheap and easy!

Dilute ¼ a cup of white vinegar with water and rinse it through your hair. This two minute trick will lift out the old product residue leaving your hair fresh and full bodied once again. Repeat monthly so you can still use your favorite hair products all summer long!

SEXY SONGS...

Each month the Star Instructors of Xpose each pick a favorite song that they like to get their sexy on to... Enjoy...

Jennifer	"Faster Kill Pussycat" by Oakenfold
Takara	"Déjà Vu" by Beyonce' featuring Jay Z
Michelle	"Fever" by Michael Buble'
Courtenay	"Crazy" by Gnarls Barkley
Stacey	"Tainted Love" by Marilyn Manson
Lindsey	"Sexy Back" by Justin Timberlake
Hope	"Bad Girl" by Black Buddafly
Amy	"I want to sex you up" by Color Me Badd
Nikki	"Wild Horses" by The Sundays

UNTIL NEXT TIME...

Walk tall, walk strong, but most importantly...

WALK LIKE A WOMAN!

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