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JULY NEWSLETTER...

SEXY STARS...

While the nation is celebrating the stars and stripes, our sexy stars are learning some hot new spins! Yes ladies... it is time for another dose of all things sexy... secrets, news and full XPOSURE!

PRIME TIME XPOSURE...

The Diva's of Xpose will be featured on CNN!!! That's right ladies... our sexy moves have gained national attention! Two of your favorite instructors, Stacey and Takara, were filmed on June 16th at Xpose in Arundel Mills along with a gaggle of Xpose Divas sporting their best moves! CNN even followed one of our members and future Xpose Franchise owner, Jenny Becker, on her daily activities. The spot is scheduled to air on a weekend evening spot later this month... Keep your eyes peeled... it is going to be HOT!

The clip from the show will be added to our website following its debut for your viewing pleasure....

PATRIOTIC PARCELS...

It is that time of the year, where we recognize the faithful men and women of the US military. This year, Xpose wants to send care packages and letters to show the troops that they are thought of. COME SUPPORT THE TROOPS "XPOSE STYLE"...

Xpose Fitness Photo Shoot and Happy Hour! Cocktails, Fun and Dancing...

Saturday, July 15 from 9:00pm to 10:00pm
at the Towson Location

Join the ladies of Xpose in the Patriotic Month ... We will be writing letters to the troops, taking some fun pictures to brighten their days and getting a big Xpose Care package together! Don't know what to say, don't worry. Any stories and thoughts of kindness will do. And, to show our support, Xpose Fitness is taking collections for a care package. Send the troops the little things to make them smile . . .

Suggested Donations are:

- *Polarized Sunglasses
- *Beef Jerky or Tuna Fish
- *Magazines
- *Bug Repellent with DEET

- *Power Bars (or similar)
- *Decks of Cards
- *Tooth brushes and paste
- *Combs and Brushes

- *Bandanas
- *Non-perishable Food Items
- *Baby Wipes (for when they can't find a shower)
- *Gatorade packets (for the hot days)
- *Disposable Razors
- *Q-Tips

- *Floss
- *travel size shampoo & conditioner
- *pictures drawn by your children
- *Paper Puzzle Games
- *Sticks of Deodorant
- *etc.

Help the soldiers have a more comfortable summer! Donations will be accepted at either locations at the front desk...

Do you have suggestions for outings, charitable events, or monthly functions? Please send all of your great ideas to michelle@xposefitness.com !



SUGGESTION OF THE MONTH...

This month's suggestion was hard to choose, we have had so many fabulous contributions from our members. But the suggestion of the month came from Sarah Edwards! Sarah suggested that we have a belly dancing class as one of our monthly events!

We have tentatively scheduled the lesson for September. We will post information on the exact date, time, and location in the August Newsletter. . . stay tuned.



XPOSE PACKAGES...

Just a reminder, we added a sexy new package in June . . . Xpose is now offering 30 day monthly unlimited class passes during the summer! Now, there are two options for monthly class cards:

- \$59 – Daytime unlimited... any class with a start time of 4pm or earlier Mon. – Fri.
- \$79 – Any class...any time...unlimited for 30 days



THE OFFICIAL XPOSE FITNESS OCEAN CITY CONDO...

Hurry! There are only **2** summer weeks left open to rent!!! The pole dancing condo is available for rent by all Xpose Divas... The condo is Ocean Side on 36th street with a 3rd floor Ocean-Side view of the beach! The condo comes complete with a pole, disco ball and sexy music! This one bedroom condo can sleep up to 6 people and the pole is removable in case you want to bring the kids! The condo is priced at only \$995/week or \$165/night (3 night minimum) for weeks between Memorial Day and Labor Day. For details, availability and off season pricing please e-mail our reservations department at xpose@xposefitness.com. It is almost gone!



FIVE DOLLAR FRIDAYS . . .

It continues! ALL DAY, ALL CLASSES ONLY **\$5.00** on FRIDAYS!!!

Management has received lots of suggestions to continue the \$5 Friday special. We love to here all of your suggestions, so keep them coming ladies...



SEXY SECRET OF THE MONTH...

This month's sexy suggestion is to help you save money. A great way to add summer highlights without spending loads of cash at the hair dresser is with lemons!

Grab a few lemons and squeeze the juice into a spray bottle. Dilute the lemon juice with 2 parts water for every 1 part juice. The next time you go out in the sun, wet down the areas you want to be lighter. Imagine... Natural looking highlights for just pennies!!!



SEXY SONGS...

Each month the Star Instructors of Xpose each pick a favorite song that they like to get their sexy on to... Enjoy...

Jennifer	"Orozo" by Tosca
Takara	"Ain't no other man" by Christina Aguleria
Michelle	"Cold Hearted Bitch" by Jet
Courtenay	"Shake That" by Eminem
Stacey	"Ms. Fat Booty" by Mos Def
Lindsey	"Make a Move" by Cassie
Hope	"Black Cat" by Janet Jackson
Amy	"Let's Talk about Sex" by Salt n Peppa



UNTIL NEXT TIME...

Walk tall, walk strong, but most importantly...
WALK LIKE A WOMAN!

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