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MAY NEWSLETTER...

and the most exciting yet!!!

Read on about our Trips, Retreats and Huge Announcements!

GLAM GALS...

The weather is warming up and our Glam Gals are getting ready to strut their stuff. Yes, ladies, it is time for another dose of all things sexy....secrets, news and full XPOSURE!

MAY EVENT...

We told you it was coming! This month, we are going to make a trip to the Gentleman's Gold Club in Baltimore. Come see the professionals show off all of the sexy moves that you have been learning in class.

When: **May 27th at 8:00 pm**

Where: **Towson Xpose and the Gentleman's Gold Club**

Cost: \$25.00 Includes bus, cover at the club, and cocktail hour.

We will be meeting at Xpose Fitness in Towson for cocktail hour. Buses leave promptly at 9pm. The cost of the trip covers cocktail hour at Xpose, the bus ride to the Gold Club, and admission. Join us in learning some sexy new moves and meeting other Xpose Divas...

Space is limited, so reservations for the bus will be taken on a first come first served basis. Unfortunately, we will be unable to take reservations over the phone and will not guarantee a seat without payment.

Have questions? Please e-mail our Social Coordinator, Michelle Hoffman at: michelle@xposefitness.com. Michelle would also love to hear your ideas for upcoming Xpose Fitness events and outings!

SUGGESTION OF THE MONTH...

This month's suggestion is so awesome we decided to double our normal prize of a \$10.00 gift certificate to a \$20.00 gift certificate... The winner is Jennifer Collins.

Jennifer suggested that we have a sexy get away with pole dancing that Xpose Fitness members can enjoy. Well we are so excited to announce... drum roll please...

THE OFFICIAL XPOSE FITNESS OCEAN CITY CONDO!!!

The condo is available for rent by all Xpose Divas. The condo is Ocean Side on 36th street with a breathtaking view of the beach... but inside can also be breathtaking... the condo comes complete with a pole, disco ball and sexy music! This one bedroom condo can sleep up to 6 people and the pole is removable in case you want to bring the kids! The

condo is priced at only \$995 per week for weeks between Memorial Day and Labor Day. For details, availability and off season pricing please e-mail our reservations department at xpose@xposefitness.com. Hurry! This is going to book quick!

WELCOME XPOSE OWINGS MILLS, MD AND XPOSE FREDERICKSBURG, VA...

Xpose Fitness is pleased to announce TWO new locations set for Fall of 2006 openings! We will keep all of our divas up to date with the latest information on opening and progress. Please remember that these locations are individually owned and operated, therefore class cards are not transferable to another location. However, you can always have more than one! Please stay tuned to the web site for updates on these two locations as well as the upcoming Bel Air location!

XPOSE GIVES BACK...

Our Diva's showered the stores of Xpose with an out pouring of donations for the annual Spring Drive! All of the donations collected went to Bea Gaddy's Women and Children Center on Chester St. in Baltimore. The generous diva's at Xpose donated so much, we had to make three trips to drop off all of the donations!

Thanks to all of the women who participated and congratulations to the women who won free classes! It is heart warming to know that the women of the Xpose community pull together to help make other women's lives a little bit easier!

FIVE DOLLAR FRIDAYS...

Yes ladies, it is still going on. We have had a lot of questions about the dates for \$5 Friday's. Don't worry, we haven't changed our minds. Every Friday for the month of May is still only \$5! So hold onto your class cards!

MALE REVUE...

This month, the Xpose Divas participated in the first ever male revue at the Gentleman's Gold Club. One lucky client and one instructor were guest judges at the first annual revue that was held on April 30th.

Congratulations to Courtney Alexander. Courtney earned her position as judge from a drawing based on referrals for the month of April. She was joined by our very own Nicole Kramer! These ladies had a tough choice, but I think they had a great time deliberating.

Thanks to all of the ladies who brought in referrals and joined us for the male revue!

SEXY SECRET OF THE MONTH...

Nothing says glamour like a beautiful smile. No matter your fashion style or make-up preference, a beautiful smile is always in style.

Try whitening strips to make your smile as glamorous as it deserves to be. You no longer have to spend thousands of dollars to brighten your teeth. There are now at home solutions... our favorite – crest white strips. Glamour is all about the attitude, so this summer, flash them a pearly smile as you strut your stuff!

SEXY SONGS...

Each month the Glamorous Xpose Instructors each pick a favorite song that they like to get their sexy on to... Enjoy...

Jennifer	"All I Need" by Air
Takara	"Beep" by The Pussycat Dolls
Michelle	"Girls, Girls, Girls" by Motley Crue
Courtenay	"Tear You Apart" by She Wants Revenge
Stacey	"Massive Attack" by Black Milk
Lindsey	"Bad Girl" by Black Buddafly
Hope	"Talk Dirty to Me" by Poison
Amy	"Walk Away" by Kelly Clarkson

UNTIL NEXT TIME...

Walk tall, walk strong, but most importantly...

WALK LIKE A WOMAN!

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